

Parish of Our Lady and St David, Cwmbran

(Registered Charity No. 242380)

Website: [www.ourladyoftheangels.org.uk](http://www.ourladyoftheangels.org.uk) Email: [cwmbranparish@virginmedia.com](mailto:cwmbranparish@virginmedia.com)

Parish Priest: Canon John Griffiths Tel: 01633 482346

Parish Deacon: Rev. Peter McLaren Tel: 01633 770754

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## THE BODY AND BLOOD OF OUR LORD JESUS CHRIST (SOLEMNITY)

22nd JUNE 2014

SUNDAY READING CYCLE A

PSALTER WEEK 4

*My flesh is real food and my blood is real drink*



The Eucharist – the Body and Blood of Christ – is a mystery with so many layers and a depth that takes more than a lifetime to penetrate. It is not just a “thing” that we receive – however reverently – it is a person, a relationship, a belonging and a transformation that we consume, that becomes part of us: “Receive what you are – the Body of Christ”. The readings invite us to reflect on how our celebration of the Eucharist brings Christ’s words to our reality: “...who eats my flesh and drink my blood lives in me and I live in him.” The people of the Old Testament had God living in their midst, walking with them on their journey, feeding and nourishing them with the gift of manna from heaven. Jesus walks with us, not looking on from afar, journeying “in communion” with us – living within us, as we eat and drink the gifts he extends from the Last Supper. And as Saint Paul reminds us, our communion with the One Christ is also a communion with each other – God lives in us as the Church, as we become His Body.

### PARISH LITURGY AND DEVOTIONS THIS WEEK

TEA, COFFEE, BISCUITS and a CHAT in St Anne’s room after 9.30am Mass today and every Sunday

Morning Prayer: Tues & Thurs 9.10am

Evening Prayer: Fri 4.40pm

Weekday in Ordinary Time, Year 2, Week 12

Saturday	4.30pm	St David’s	Colin Bown (TH): Gina Basini Gazzi (BG)
	6.00pm	Our Lady’s	Roseanne Desmond (VW): Peggy McGuirt (MH)
Sunday	9.30am	Our Lady’s	Mary Cleary (PP): Sybil Ponting (UCM)
	11.15am	St David’s	Norah & Ernest Davies (AD): Frances Proctor (M&DP)
Monday	9.30am	Abbey	People of the Parish
Tuesday	9.30am	St David’s	Mary & James Brown (MT): Bruce Miller (KB) <i>The nativity of St John the Baptist</i>
Wednesday	2.00pm	Our Lady’s	Thanksgiving to Padre Pio (AD): Jane O’Connell (Mc)
Thursday	9.30am	St David’s	Rose & Jim Mcleish (MJ): Rose Smallcombe (M&DP):
Friday	9.00am	Our Lady’s	Fr K Paine’s ints: Tini Conti (TC): <i>The Most Sacred Heart of Jesus Solemnity</i>
Saturday	4.30pm	St David’s	Bridie Kane (MK): Frank Brennen (T&MM)
	6.00pm	Our Lady’s	Kenneth Harnett (LA): Norma Andrews (PJ)
Sunday	9.30am	Our Lady’s	Kathleen & Timothy Hurley (TH): John Kane’s ints (M&JH)
	11.15am	St David’s	Joseph, Mary & Vincent Walsh (PMc): Eileen Cameron (MMc)

MASSES: Due to the increase of Mass Intentions/Stipends you will notice that we have had to double the intentions. Canon John

### ADORATION OF THE BLESSED SACRAMENT

Tuesday: St David’s Church 10.am -12pm

Friday: Our Lady’s Church 9.30am – 5pm

### SACRAMENT OF RECONCILIATION – SATURDAY

Our Lady’s Church 12noon – 12.30pm

St David’s Church 3.45pm – 4.15pm

First Reading: Deut 8: 2-3, 14-16

Res: O praise the Lord, Jerusalem!

Second Reading: 1 Cor 10: 16-17

Gospel: John 6: 51-58

*“The actual effect of the Eucharist is the transformation of man Into God” St Thomas Aquinas (1225-1274)*

**Your giving to your Parish: many thanks**

Gift Aid	£400.60
Non Gift Aid	£644.31
Gift Aid Standing Order	£121.73
Total giving this week	£1166.64
Mass Count: 405	

**What's on this week in the Parish****Our Lady's**

Tuesday: 2.00pm Social Club

Wednesday: 2.30pm UCM

**St David's**

Tuesday: 10am Divine Mercy Devotions  
6.30pm St Vincent de Paul

Wednesday: 10am Choir Practice

Thursday: 10am Legion of Mary

**SPUC Annual Sponsored Walk**

Tina Davies will, once again, be one of the official "Two Torfaen Walkers" for SPUC on Sunday, 29<sup>th</sup> June. Tina and Molly MacDonald will be collecting sponsors at the end of Saturday and Sunday Masses. We would be most grateful, on behalf of SPUC, for your support.

**Archdiocesan Day of Training for Parish MC's and Senior****Altar Servers.**

On Saturday 5th July from 10.30am until 4pm. Please see poster for further details

**St David's Church Car Park**

It was reported at the PAC meeting that motorists were using St David's car park as a short cut to avoid the traffic lights. The PAC decided that the gates at the Station Road entrance to the car park would be locked after Mass. The entrance on Avondale Road will remain open. This comes into effect from Tuesday 24<sup>th</sup> June.

**CTS Booklets**

You will notice from last week's newsletter that we have purchased a new CTS book stand. The books are of good value and they will help us to deepen our knowledge of "The Faith", payment can be made at the Piety stall

**Prayer to the Sacred Heart of Jesus**

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death. Amen.

**St Vincent de Paul Society**

As announced last week our SVP is now up and running and are seeking details of parishioners or friends who would like a visit. This may include the sick, elderly, people living alone, people new to the area or someone who would just like to have a chat. If you know someone who you think would like a visit please could you ask that persons permission before contacting us. We will need their name address and telephone number if they have one. Please pass the above details to Canon John, Deacon Peter (Numbers on bulletin) Dave Stroud 01633 38542, Leigh Awcock 01633 670932

**Angels Dining Club**

Will meet on Tuesday, 1<sup>st</sup> July at Page's Fish Shop (upstairs) at 7.30pm. Please sign the form in the back of the church, meals can be ordered on the night.

**Gift Aid Scheme**

If you are a Tax Payer and would like to Gift Aid your collection please take a Gift Aid Declaration form from the back of the church and when completed please give to the Gift Aid Organisers - Mike Loughlin (St David's) or Carole Morgan (Our Lady's).

**Gift Aid Statements**

Scheme Members' statements of donations are in the back of the church.

**Standing Orders**

Your offerings can be donated by standing order instead of using the envelope scheme. Please take a form from the back of the church and return it Mike Loughlin at St David's or Carole Morgan at Our Lady's.

**Food Bank Update**

From the 1<sup>st</sup> January until the 30<sup>th</sup> May 2014, the average number of people fed each week was 124, a total of 2686 people of which 1026 were children. The amount of food distributed was 18.34 tonnes in just 5 months. See poster for details. Next collection 5/6 July

**CAFOD Fundraising at Llantarnam Abbey**

£625 was raised at a Cafod event recently held in Llantarnam Abbey.

**Parish Directory**

PAC Chairman: Mrs. Paddy Landers 01633 868352  
Our Lady of the Angels School Tel: 01633 484673  
Head teacher: Mrs. Sheelagh McCool  
St David's School Tel: 01633 482580  
Head teacher: Mr. John Healey