

PARISH OF OUR LADY AND ST DAVID CWMBRAN

Archdiocese of Cardiff

(Registered Charity Number 117727)

Parish Priest:	Canon John Griffiths: Tel 01633 482346
Safeguarding Officer:	John Metcalfe: Tel 07977 108478
Parish Email Address:	cwmbran@rcadc.org
Parish Website:	ourladyoftheangels.org.uk
PAC Chairman:	Mrs Paddy Landers: Tel 01633 868352
Acting Head, OLA School Head Teacher,	Mrs C Prosser: Tel 01633 484673
St David's School:	Mrs J Weightman: Tel 01633 482580
SVP President:	Dave Stroud: Tel 01633 838542
Hall Caretaker	Pam Brooks: Tel 07974617221

14th June 2020

The Body and Blood of Our Lord Jesus Christ

Psalter Week 3

Weekday in Ordinary Time, Year 2 ,Week 11

My flesh is real food and my blood is real drink

The Eucharist, the Body and Blood of Christ, is a mystery with so many layers and a depth that takes more than a lifetime to penetrate. It is not just a thing that we receive however reverently it is a person, a relationship, a belonging and a transformation that we consume, that becomes part of us: Receive what you are - the Body of Christ. The readings invite us to reflect on how our celebration of the Eucharist brings Christ's words to our reality: who eats my flesh and drink my blood lives in me and I live in him. The people of the Old Testament had God living in their midst, walking with them on their journey, feeding and nourishing them with the gift of manna from heaven. Jesus walks with us, not looking on from afar, journeying in communion with us living within us, as we eat and drink the gifts he extends from the Last Supper. And as Saint Paul reminds us, our communion with the One Christ is also a communion with each other God lives in us as the Church, as we become His Body.

Sunday 10am	The People of the Parish Mass – live streamed.	
Monday	Terence Widnall (BW)	
Tuesday	Luigi & Bice Bragazza	
Wednesday	Brennan Family (B)	
Thursday	Reverend John Griffiths, 37th Anniversary of his Ordination to the Priesthood	
Friday	Ian Werrett (B), Angela Hanion	<i>The Most Sacred Heart of Jesus, Solemnity</i>
Saturday	Ken, Diane & Tony Webb (AW)	<i>The Immaculate of Mary</i>

Hospital Admittance

**If you are sick or going into hospital, or know of anyone who is, please let me know ASAP
Canon John 01633 482346**

Collections

If you are able to post a cheque to Our Lady and St David please post through the door of the Presbytery, Oak Street, Cwmbran NP44 3LT. A Standing Order form is available for printing from the parish website. After completing the form either take it or post to your bank.

Food Bank Collection

Since we are allowed to travel and if you wish to leave a food parcel please deliver it to Kath and John Dennehy at their home, 270, Llantarnam Road, and they will deliver it to the food bank.

All churches Trust Grant

My grateful thanks to the Building Committee for raising £2250 Grant for the new toilets and ramp for Our Lady of the Angels Church. Special thanks to Kim Rogers who applied for the Grant.

Thank You

A big thank you to the volunteers who make tea every Sunday after 9.30 Mass and to the parishioners who support them, Debbie Davies presented a cheque for £ 300 to Canon John for parish funds

Congratulations Canon John

Congratulations to Canon John who will be celebrating the 37th Anniversary of his Ordination to the Priesthood on Thursday 18th June.

