

PARISH OF OUR LADY AND ST DAVID CWMBRAN

Wesley Street, Cwmbran NP44 3LX
 Archdiocese of Cardiff
 (Registered Charity Number 117727)

Parish Priest: Fr. Daniel Stanton (01633 482 346)

Parish Email: cwmbbran@rcadc.org

Safeguarding Officer: John Metcalfe (07977 108 478)

PAC Chair: Mrs Paddy Landers (01633 868352)

OLA School, Acting Head: Mrs Ceri Prosser (01633 484673)

SD School, Head: Mrs Joanne Weightman (01633 482580)

SVP President: Mr Dave Stroud (01633 838542)

Hall Caretaker: Pam Brooks (07974 617 221)

Website: www.ourladyoftheangels.org.uk

30th January 2022

4th SUNDAY IN ORDINARY TIME YEAR C

Psalter: 4

Saturday: Votive Memorial of Our Lady on Saturday	9.40am 10.00am 10.30am 10.30am	Our Lady's	Morning Prayer Mass: + Susan O'Brien Adoration of the Blessed Sacrament, <i>until 11.45am</i> Sacrament of Reconciliation, <i>until 11:45am</i>
Saturday/Sunday 4th Sunday of Ordinary Time	4.15pm 5.00pm 6.30pm 9.30am 11.15am	St David's St David's Our Lady's Our Lady's St David's	Sacrament of reconciliation, <i>until 4.45pm</i> Mass: + Charles Cadogan (JC) Mass: The People of the Parish Mass: + Gwen Evans (CM) <i>After Mass:</i> Coffee Morning (St. Anne's Room) Mass: + A Keetnan
Monday: St John Bosco	9.10am 9.30am	Our Lady's	Morning Prayer Mass: + Sr Francis Xavier (B&JS)
Tuesday:	7:30am 9.10am 9.30am 10:00am 1.30pm	Our Lady's St David's Our Lady's	Mass: + The Hurley Family (TH) <i>Followed by Breakfast (St. Anne's Room)</i> Morning Prayer Mass: Well-being of Brian Foster Adoration of the Blessed Sacrament, <i>until 11.00am</i> Tuesday Club
Thursday: St Blaise	9.10am 9.30am 6.00pm 7.45pm	St David's Our Lady's	Morning Prayer Mass: Well-being of Ray Mills (JC) Alpha Course (St Anne's Room) Parish Prayer Group (St. Anne's Room)
Friday:	9.10am 9.30am 10:00am	Our Lady's	Morning Prayer Mass: Well-being of Joyce and Jim Sheehy (PP) <i>After Mass:</i> Coffee Morning (St. Anne's Room) Adoration of the Blessed Sacrament, <i>until 11.30am</i>
Saturday: St Agatha	9.10am 9.30am 10.00am 10.00am	Our Lady's	Morning Prayer Mass: + Kathleen Power (AH) Adoration of the Blessed Sacrament, <i>until 11.15am</i> Sacrament of Reconciliation, <i>until 11:15am</i>
Saturday/Sunday 5th Sunday of Ordinary Time	4.15pm 5.00pm 6.30pm 9.30am 11.15am	St David's St David's Our Lady's Our Lady's St David's	Sacrament of reconciliation, <i>until 4.45pm</i> Mass: + Cy Jones (MJ) Mass: The People of the Parish Mass: + Michael McClenchy (PL) <i>After Mass:</i> Coffee Morning (St. Anne's Room) Mass: + Katrina Horrigan Smith (SS&TB)

PLEASE NOTE: The parish has now returned to Alert Level 0. This means that the two metre distancing rules have been relaxed. There is no longer any need to book into any of the weekend Masses. The responsibility falls on each one of us to ensure that our parish remains a safe environment to worship Almighty God. Masks and Track and Trace continue to be mandatory. Thank you for your continued cooperation during this time. Thank you. Fr. Daniel

Parish Sick

We pray for the sick and housebound of our parish and for those who care for them and for those who have asked for our prayers, especially: **Bernadette Davies, Keri Williams, Mrs Kopec, Ann Pitchforth, Tina Cordani, Joyce Coughlan, Tommy Harris, Iverna Ward, Michael Evans, Philip Short, Chris Mulcahy, Sean Gilgunn, Brenda Bold, Hazel McCarthy, Fr Kevin Paine and Caroline Paine, Imelda Smith, Malcolm and Cecelia Williams, Sam McCausland, Terry Mahoney, Shelagh & Ray Mills, Jill Hudd, Shaun Worsfold, Michael Barry, Diane Pearce, Margaret Lennon, Goff James, John Cullen, Paul Taylor, Rachael James, Michael Keohane and David MacDonald.**

Requiescant in Pace

Of your charity, please pray for the repose of the souls of those who have died recently. May they rest in peace. Amen.

Change of Mass Weekday Times

Please be aware that from tomorrow, **Monday, 31st January 2022**, the weekday Mass schedule (Mon. to Sat.) will change to the following times:

9:10am – Morning Prayer

9:30am – Holy Mass

Adoration of the Blessed Sacrament at our churches will also change as a result. On Saturdays, the Sacrament of Reconciliation will now be available at Our Lady's from 10:00am until 11:15am. Next week's newsletter will contain the full schedule.

The Tuesday Club

The Tuesday Club resumes on Tuesday, **1st February** in the St. Anne's Room at Our Lady's, beginning at **1:30pm**. Paddy is the speaker this week and the topic is the History of the Parish. If you know of anyone who may like to attend please bring them along.

Music in the Mass

Singing is an integral part of the celebration of Mass. When we sing together, we raise our hands to Almighty God in prayer with one voice, in a chorus of celebration and praise. The COVID restrictions of the last couple of years have reminded us how important singing within the Mass is, and how much we missed it when it was not available to us. Singing the Mass reflects the various seasons of the Church's year, helping us to enter more deeply into that particular season.

I would like to get together with the music groups, choirs, and all parishioners who are interested on **Monday, 7th February** at **St. David's Church**, beginning at **6:00pm**, to go through some of the music I would like to introduce for the season of Lent and Easter. During this session, we will have a look at familiarising ourselves with the music of the Mass which is found in the Missal.

Parish Prayer

Come Holy Spirit, fill our hearts with wisdom, love and courage, make us more like Christ in our works and actions.

Bless the work of your Church. Renew us all in the desire to make Christ known and loved in the world today. Bless the work of our Parish. Guide all that we do so that our church is a place of mercy and service for all who are seeking you

Deepen our love For the Presence of Christ in the Eucharist and guide us in prayer and action as we journey towards Discipleship to become the Church you are calling us to be.

We ask this through Jesus Christ, our Lord. Amen

Updated Guidelines from the Bishops' Conference

The *Bishops' Conference of England and Wales* have updated their guidelines for the dioceses of England and Wales. The updated guidelines have been agreed with Public Health officials and follow the regulations brought in by the Welsh Government on Friday, 28th January. I have placed a copy of these guidelines on the parish website for your information.

In particular, I would like to draw your attention to the guidelines about Holy Water:

Holy water stoups may be refilled but care should be seen that the water is changed regularly (at a minimum of once a week).

It is such a blessing to be able to once again fill our Holy Water stoups for those who wish to bless themselves on entry and exit to the churches. It is a sacramental which many of us have missed greatly. The Holy Water will be changed weekly, in conformity to the above regulations. The use of Holy Water is a personal choice. For those who cannot use Holy Water from the stoups, a supply of Holy Water is available in the sacristy of each church for you to fill up with a container.

Mini Parish Pilgrimage

Following the success of our last mini pilgrimage to visit the relics of St. Alban's in Cardiff and the shrine of Our Lady in Penrhys, I am planning the next pilgrimage to the shrine **of Our Lady of the Taper, Cardigan**. The date is still to be confirmed. If you are interested in joining the pilgrimage, please contact me or Carole in the Parish Office.

Early Morning Mass on Tuesday

The early morning Mass on Tuesdays, followed by a simple breakfast was quite popular during the season of Advent, and several people have made a request that it be part of the regular timetable of the parish. The early Mass resumes this week at Our Lady's, beginning at 7:30am.