Our Lady of the Angels & St. David, Cwmbran Advent Schedule 2022

Spirituality of Advent

dvent marks the beginning of a new liturgical year. As well as being a time of new beginnings, Advent is a time of expectation and preparation, where we await the second coming of the Lord, as well as His immediate coming at Christmas. It is this 'longing' and 'expectation' which distinguishes it from other seasons of the Church's year.

Advent is the season of the Holy Spirit. Throughout our Advent journey we will be witnesses to the Holy Spirit's action, not only in the various characters we will meet during this season, but also be able to consider afresh the Holy Spirit's action in our own lives as we await the return of the Lord.

I pray that this may be a fruitful season as we "await with blessed hope for the coming of our Saviour, Jesus Christ".

Parish Prayer

Come Holy Spirit, fill our hearts with wisdom, love and courage. Make us more like Christ in our works and actions. Bless the work of your Church. Renew us all in the desire to make Christ known and loved in the world today. Bless the work of our Parish. Guide all that we do so that our church is a place of mercy and service for all who are seeking you. Deepen our love for the Presence of Christ in the Eucharist and guide us in prayer and action as we journey towards Discipleship to become the Church you are calling us to be. We ask this through Jesus Christ, our Lord. Amen.

Building the Nativity Scene

Pope Francis reflected that contemplating the Christmas story is like setting out on a spiritual journey, "drawn by the humility of the God who became man in order to encounter every man and woman". During this season of Advent we will gradually build the Nativity scene in our two churches. As we do so, the nativity scene "is like a living Gospel rising up from the pages of sacred scripture". I invite you to keep making a visit to the crib and enter into the scene.

Bambinelli Sunday

Pope John Paul II, during his papacy, instituted the celebration of Bambinelli Sunday on the Third Sunday of Advent – a day on which children from Rome bring to St. Peter's Square the figurine of the Christ Child from their families' Nativity sets. I invite you to bring the figures of the Child Jesus from your Nativity Scenes at home to Mass over the weekend of the **Third Sunday of Advent** (10th/11thDecember) for them to be blessed during Mass.

Expectant Mothers

We are asked to pray for Expectant Mothers - especially on Fourth Sunday in Advent (18^{th} December).

Sung Evening Prayer and Benediction

Evening Prayer (Vespers) is part of the Liturgy of the Hours, a set of prayers prayed throughout the day. Here in the parish, we gather together almost every morning to pray Morning Prayer (9:40am). During the season of Advent, there is the opportunity to gather for Sung Evening Prayer and Benediction of the Blessed Sacrament. This will take place <u>each Sunday of Advent at St. David's</u> <u>Church, beginning at 5:00pm</u>.

Sacrament of Reconciliation

The Sacrament of Reconciliation is a wonderful treasure. Pope Francis has reflected that: *"The Lord never tires of forgiveness. It is we who are tired of asking for forgiveness. Let us ask for the grace not to tire of forgiveness, because he never tires of forgiving".* During Advent, the Sacrament of Reconciliation is available at the following times:

Saturdays:

10:35am – 11:45am – Our Lady's Church 4:15pm – 4:45pm – St. David's Church

Monday Evenings: 5:15pm – 5:45pm – Our Lady's Church



NO Evening Masses

