

**PARISH OF OUR LADY AND ST DAVID CWMBRAN**

Wesley Street, Cwmbran NP44 3LX

Archdiocese of Cardiff (Registered Charity Number 117727)

Parish Priest: Fr. Daniel Stanton (01633 482 346)

Parish Email: cwmbbran@rcadc.org

Safeguarding Officer: John Metcalfe (07977 108 478)

SVP President: Mr Dave Stroud (01633 838542)

OLA School, Acting Head: Mrs Ceri Prosser (01633 484673)

St David School, Head: Mrs Joanne Weightman (01633 482580)

St. Alban High School: Mr Stephen Lord (01495 765800)

Hall Caretaker: Pam Brooks (07974 617 221)

Website: [www.ourladyoftheangels.org.uk](http://www.ourladyoftheangels.org.uk)

Social Media: @CatholicCwmbran

29<sup>th</sup> January 2023

4<sup>th</sup> Sunday of Ordinary Time Year A

Psalter: Week 4

<b>Saturday:</b>	9.10am <b>9.30am</b> 10.00am  1:30pm	<b>Our Lady's</b>  <b>Our Lady's</b>	Morning Prayer <b>Mass:</b> The People of the Parish Adoration of the Blessed Sacrament, until 11:15am Sacrament of Reconciliation until 11:15am Baptism: Evie May & Iyla May Williams
<b>Saturday/ Sunday</b> <b>4<sup>th</sup> Sunday of</b> <b>Ordinary Time</b>	4.15pm <b>5.00pm</b> <b>6.30pm</b> 8.00pm <b>9.30am</b>  <b>11.15am</b> <b>1:30pm</b> <b>5.00pm</b> 8.00pm	<b>St David's</b>  <b>Our Lady's</b> <b>Facebook Live</b> <b>Our Lady's</b>  <b>St David's</b> <b>Our Lady's</b> <b>Our Lady's</b> <b>Facebook Live</b>	Sacrament of Reconciliation, <i>until 4.45pm</i> <b>Mass:</b> + Philip Cassidy (MK) <b>Mass:</b> Ints of Joy Appleby (KD) Holy Rosary: The Joyful Mysteries <b>Mass:</b> + Glyn Richards (PR) <i>(After Mass: Coffee Morning in St. Anne's Room)</i> <b>Mass:</b> + Margaret Lewis (JO'K) Baptism: Harper Marie Melanie & Leoni Evans Solemn Evening Prayer and Benediction Holy Rosary: The Glorious Mysteries
<b>Monday:</b>	4.00pm 5.15pm <b>6.00pm</b> 8.00pm	<b>Our Lady's</b>  <b>Facebook Live</b>	<b>Reception of Margaret Wells</b> Sacrament of Reconciliation until 5.45pm <b>Mass:</b> + Teresa and Richard Hurley (F) Holy Rosary: The Joyful Mysteries
<b>Tuesday: St John</b> <i>Bosco</i>	10.00am 8.00pm	<b>Our Lady's</b> <b>Facebook Live</b>	<b>Mass: Requiem Mass for Margaret Wells</b> Holy Rosary: The Sorrowful Mysteries
<b>Wednesday</b>	8.00pm	<b>Facebook Live</b>	Holy Rosary: The Glorious Mysteries
<b>Thursday: The</b> <i>Presentation of the</i> <i>Lord</i>	9.10am <b>9.30am</b> <b>1.00pm</b> 7.30pm 8.00pm	<b>St David's</b>  <b>Our Lady's</b> <b>Facebook Live</b>	Morning Prayer <b>Mass:</b> + Charles Cadogan (JC) <b>Requiem Mass for Michael Brocklehurst</b> Parish Prayer Group (St. Anne's Room) Holy Rosary: The Luminous Mysteries
<b>Friday: St Blaise</b>	9.10am <b>9.30am</b> 10.00am  8.00pm	<b>Our Lady's</b>  <b>Facebook Live</b>	Morning Prayer <b>Mass:</b> Thanksgiving (PL) <i>Adoration of the Blessed Sacrament until 11am</i> <i>(After Mass: Coffee Morning in St. Anne's Room)</i> Holy Rosary: The Sorrowful Mysteries
<b>Saturday: Votive</b> <i>Mass of Our Lady</i>	9.10am <b>9.30am</b> 10.00am  1:30pm	<b>Our Lady's</b>  <b>Our Lady's</b>	Morning Prayer <b>Mass:</b> The People of the Parish Adoration of the Blessed Sacrament, until 11:15am Sacrament of Reconciliation until 11:15am <i>After Mass:</i> First Saturday Devotions to Our Lady Baptism: Arlo, Axel, Athena Davies-Dupplaw, Luna & Isaac Moreton
<b>Saturday/ Sunday</b> <b>5<sup>th</sup> Sunday of</b> <b>Ordinary Time</b>	4.15pm <b>5.00pm</b> <b>6.30pm</b> 8.00pm <b>9.30am</b>	<b>St David's</b>  <b>Our Lady's</b> <b>Facebook Live</b> <b>Our Lady's</b>	Sacrament of Reconciliation, <i>until 4.45pm</i> <b>Mass:</b> + Stuart and Helen White (JW) <b>Mass:</b> Wellbeing of Aileen O'Donoghue (SH) Holy Rosary: The Joyful Mysteries <b>Mass:</b> + The Pinkey Family (AB) <i>(After Mass: Coffee Morning in St. Anne's Room)</i>

<b>5<sup>th</sup> Sunday of</b> <b>Ordinary Time</b>	<b>11.15am</b> 1:30pm 8.00pm	<b>St David's</b> <b>Our Lady's</b> <b>Facebook Live</b>	<b>Mass:</b> + Emma Vega (MO) Baptism: Jacob and Cooper White Holy Rosary: The Glorious Mysteries
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**PARISH NOTICES**

**Parish Sick**

We pray for the sick and housebound of our parish and for those who care for them and for those who have asked for our prayers, especially: Keri Williams, Mrs Kopec, Ann Pitchforth, Tina Cordani, Joyce Coughlan, Tommy Harris, Ivorna Ward, Michael Evans, Philip Short, Chris Mulcahy, Sean Gilgunn, Fr Kevin Paine and Caroline Paine, Imelda Smith, Malcolm and Cecelia Williams, Sam McCausland, Terry Mahoney, Shelagh & Ray Mills, Jill Hudd, Shaun Worsfold, Michael Barry, Diane Pearce, Goff and Rose James, John Cullen, Paul Taylor, Michael Keohane, David MacDonald, Doreen Watley, Robert Hayton, Jim Sheehy, Pat Price, Baby Frankie, Teresa Bruce, Josie and David Woods, Sheila Fotheringham, John Jordan, Christine O'Shea, and Pauline Loughlin

**Requiescant in Pace** - Of your charity please pray for the repose of the souls of Margaret Wells, Michael Brocklehurst, John Fitzgerald, and all those who have died recently. May they rest in peace. Amen.

**Formation & Devotions**

**How to Practice the Five First Saturday's Devotion**

- 1) **Confession:** Make a good confession during the 8 days prior to the first Saturday with the intention of offering reparation for the offences against Our Lady's Immaculate Heart.
- 2) **Communion.** You should attend Holy Mass and receive Holy Communion with the intention of offering reparation for the offences against Our Lady's Immaculate Heart.
- 3) The Communion should be received *on the first Saturday of the month.*
- 4) The confession must be **repeated for 5 consecutive months**, without interruption, otherwise you must recommence from the beginning.
- 5) **Recite 5 decades of the Holy Rosary** with the intention of making reparation to Our Lady's Immaculate Heart
- 6) **15 minutes meditation on the mysteries of the Holy Rosary.** Accompany Our Lady by meditating on the mysteries of the Holy Rosary. This can be done by reading the biblical texts of the mysteries of the Holy Rosary slowly thinking of their content. You could meditate on one mystery for 15 minutes at the end of the prayer as Sr Lucia did. This meditation is in addition to the recitation of the Rosary.
- 7) **Say the prayer to the Immaculate Heart of Mary to conclude the devotion.**

**Parish Prayer**

Come Holy Spirit, fill our hearts with wisdom, love and courage, make us more like Christ in our works and actions. Bless the work of your Church. Renew us all in the desire to make Christ known and loved in the world today. Bless the work of our Parish. Guide all that we do so that our church is a place of mercy and service for all who are seeking you. Deepen our love for the Presence of Christ in the Eucharist and guide us in prayer and action as we journey towards Discipleship to become the Church you are calling us to be. We ask this through Jesus Christ, our Lord. Amen.

**Dates for your Diary**

**Tuesday Club's** Our next meeting is on Tuesday 7<sup>th</sup> February at 1.30pm in St Anne's room. This week's topic is the Newport Medieval Ship

**Shrove Tuesday 21<sup>st</sup> February:** The Tuesday club are meeting at Be Vito's for pancakes. If you would like to join us please give your name to Carole Morgan in the parish office. Tel: 01633 482346 or email [cwmbbran@rcadc.org](mailto:cwmbbran@rcadc.org)

**SVP**

Our next meeting is Thursday 9<sup>th</sup> February at 6pm at St. David's.

**Parish Pilgrimage to Assisi 2023**

We are hoping to arrange a parish pilgrimage to Assisi from Monday 4<sup>th</sup> September 2023 – Friday 8<sup>th</sup> September 2023, flying from Bristol airport and staying in Assisi at either 4\* Hotel Dal Moro or Hotel Cenacolo. Cost per person £670 sharing and £795 single room. £300 deposit is required. To book a place or for further information on the itinerary please contact Carole in the parish office on 01633 482346 email [cwmbbran@rcadc.org](mailto:cwmbbran@rcadc.org)

**The Deanery of Ss. Julius and Aaron**

The first Deanery Station Mass will take place on **Wednesday, 19<sup>th</sup> April 2023**, at 7.00pm. The location is to be confirmed. This will be an opportunity to gather with Archbishop Mark and pray together as a deanery family.

**Assistance Needed: St. David's**

Thank you to those who have volunteered to assist at St. David's with the various ministries. **A meeting has been arranged for Thursday 2<sup>nd</sup> February at 6pm in St Non's room. If you would like to help and can't make the meeting please speak to Fr Daniel.**