

# THE FEBRUARY GRATITUDE CHALLENGE

*“Gratitude is the first sign of a thinking, rational creature.” ~ Bl. Solanus Casey*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><i>Every day in February, make time each day to write down ONE thing you are grateful for.</i></p>		1	2	3	4	5
		_____	_____	_____	_____	_____
		_____	_____	_____	_____	_____
		_____	_____	_____	_____	_____
6	7	8	9	10	11	12
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
13	14	15	16	17	18	19
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
20	21	22	23	24	25	26
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
27	28				<p><i>“Remember the past with gratitude. Live the present with enthusiasm. Look forward to the future with confidence” ~ St. John Paul II</i></p>	
_____	_____					
_____	_____					
_____	_____					